



# Inklings

## INFORMATION SHEET



### What is Inklings?

Inklings is a program specifically for children between the ages of 6-18 months who are showing early differences in the way they communicate and interact.

The program comprises 10 sessions. Each session targets the individual needs of each parent and baby. There are 6 core sessions delivered fortnightly with specific themes, and each session builds on concepts learned in previous sessions. Core sessions are followed by up to 4 additional focused sessions with opportunities to consolidate themes of the core sessions and further enhance interactions.

### Who is the program for?

Families who may benefit from the program include those with:

- A family history of autism or other neurodevelopmental conditions that may increase the likelihood of a baby being diagnosed with autism (e.g. ADHD or intellectual disability).
- A baby who is showing delays or differences in their early social communication development.
- Babies who are not yet demonstrating a range of the key social communication behaviours for their age such as joining in social games such as peek-a-boo, responding to their name, and understanding and using gestures.
- Parents who are worried about their baby's social communication development.



### How does the Inklings program work?

All sessions involve recording a short 5–6-minute video of you with your baby and then reviewing the video together with your practitioner. Through pausing and discussing the video, sessions aim to develop your understanding of your baby's behaviour and responses and learn how to best support your baby's social communication development.

At the end of each session, the practitioner will assist you to develop a plan for incorporating key messages from the session into your daily routine.

The program is carried out by parents/caregivers, who are the most important people in their babies' lives.

### How can I access Inklings?

The Inklings program can be accessed using NDIS funding, Early Childhood Approach (ECA) program funding or privately funded. Medicare subsidies may apply for private payments. Please refer to our 'Paying for services' tab on our [website](#) for more information.

### How can I get involved?

CliniKids is currently taking enquiries from families who would like more information about Inklings or who would like to participate in the Inklings program. To register your interest in Inklings, visit: <https://bit.ly/3zAgFlo> or contact us:

[clinkids.reception@telethonkids.org.au](mailto:clinkids.reception@telethonkids.org.au) or (08) 6319 1133