

The CUES Study



Children's Experiences with Uncertainty Study

Some children on the autism spectrum have difficulty coping with changes in their environment or routines. Without support, these concerns may result in clinically significant and ongoing anxiety difficulties.

We are trialing a new group therapy for parents or other primary caregivers that helps families understand how to support and manage their child's challenges with uncertainty in everyday environments. This may help reduce children's anxiety in these situations.

Trialling a New Parent Group Therapy for

Parents of young children (aged 4 - 7 years)
on the autism spectrum with anxiety concerns.

Please contact Dr Gail Alvares for more information:

 Gail.Alvares@telethonkids.org.au



clinicids.telethonkids.org.au

 +61 6319 1698