

# The CUES Study



## Trialling a new group program for parents of young children on the autism spectrum with anxiety concerns about uncertainty

Some children on the autism spectrum have difficulty coping with uncertainty in their environment or change to routines. Without support, these concerns may result in clinically significant and ongoing anxiety difficulties.

We are trialling a new group program for parents or other primary caregivers that helps families understand how to support and manage their child's challenges with uncertainty in everyday environments. This may help reduce children's anxiety in these situations.



### Who can take part?

Parents of young children (aged 4-7 years) on the autism spectrum with anxiety concerns

For more information or to take part:

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